

Has your child been immunized against influenza?



INFLUENZA

Influenza (“the flu”) is a highly contagious respiratory infection. It spreads through close contact with others and contaminated surfaces.

CHILDREN AT HIGH RISK

At greatest risk of influenza-related complications are healthy children 6 to 59 months of age, and children with chronic health conditions such as:

- Cardiac or pulmonary disorders, including asthma or cystic fibrosis
- Diabetes and other metabolic diseases
- Cancer and other immune-compromising conditions due to disease, therapy or both
- Kidney disease
- Anemia or blood disorders, including sickle cell, thalassemia
- Neurologic or neurodevelopment conditions, including seizure disorders and developmental delay in children
- Morbid obesity; and
- Children age 6 months to 18 years undergoing treatment for long periods with acetylsalicylic acid

PREVENT THE SPREAD OF INFLUENZA BY IMMUNIZING YOUR CHILDREN

Influenza immunization is recommended for all healthy children 6 to 59 months of age, children with chronic health conditions, and for people who are capable of spreading influenza to those at high risk, including health care providers, household contacts and people who provide essential community services.

Annual immunization is an effective and safe way to prevent the spread of influenza and its complications.

Talk with your child’s health care provider about immunizing your child against influenza.

For more information, visit immunize.ca



CELEBRATING
IMMUNIZATION
S U C C E S S

Reference:

(2018). Canadian Immunization Guide Chapter on Influenza and Statement on Seasonal Influenza Vaccine for 2018-2019. Available at: <https://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-statement-seasonal-influenza-vaccine-2018-2019.html>